

THE PAULA BOSCOTT SCHOOL OF DANCE, GARSTANG

www.paulaboscottschoolofdance.co.uk

Tel:01995 602394, Mobile:07752 804363

Covid 19 Return to Dance Policy

For your own safety, please do not enter the hall until your class start time, or until asked to do so (should pre-venue cleaning and checking take longer than anticipated). **Please do not arrive early**. The hall needs to be cleaned before use, and between lessons.

There will be a designated entry (usual main entrance). If arriving at a similar time to others, please ensure that a social distance is maintained. **Please do not use the waiting rooms, but come straight to the main hall.**

Pupils will be asked to leave via the designated exit and to have left the hall as promptly as possible to allow enough time for touch points, surfaces and bathrooms to be wiped down before the arrival of the next class. Class times will be shorter to enable this to take place.

Should your class be the last session of the day, could we please ask that pupils leave the building promptly for us to clean the hall.

Please do not use any small meeting rooms, kitchen or any other areas which do not allow enough room for social distancing.

Please bring minimum belongings to class. Preferably just a water bottle. Please keep this close by you whilst exercising.

If weather is dry, pupils if possible should arrive wearing dance shoes. If attending FitSteps, please arrive wearing fitness clothing and trainers

If sitting down, please leave a gap of at least 1+ metre, or more between the next person.

Please ensure hands are washed or sanitised before arrival. There will be sanitiser available. Please use on arrival, and reuse as necessary, especially after coughing or sneezing.

We will do our best to keep pupils socially distanced throughout class, and therefore routines/class work will be adapted accordingly. Spot markers will be used on the floor, and pupils advised to stay within their allocated space.

Pupils will also need to take responsibility for their own social distancing within the venue.

Class sizes will be reduced should there be insufficient space within the venue to keep pupils socially distanced. In the case of large classes, it might be necessary to attend fortnightly or a website booking will be operated. These classes will be

contacted in advance. We would be grateful if you could please let us know with at least 24 hours notice if you are unable to attend class. Classes are non refundable, unless places can be filled.

Update: 08.08.20: Face coverings are now mandatory in community centres, however pupils are permitted to take them off for exercise. Pupils should wear one for dance if they wish, but should immediately remove it if they feel light headed.

If possible the preferred method of payment would be by Bank transfer in advance or on the day. Please contact us for bank details should you not already have them. Cash will be accepted but only in the form of notes, apologies but no change will be given.

Only one pupil may use the toilet facilities at a time.

Doors and windows will be open. Please dress appropriately.

Please practise good respiratory hygiene. Catch it, bin it, kill it. Please immediately dispose of any used tissues.

Pupils must not attend class if they are unwell, or displaying symptoms of Covid – 19 (including mild symptoms).

Pupils must not attend class if anyone from their household is showing symptoms.

Pupils must not attend class if their postcode area is in a local lockdown, or similar restrictions have been implemented

Please inform us should you, or anyone in your household start showing symptoms of Covid 19 after attending dance

Anyone in the clinically or extremely vulnerable category should seek guidance before making a decision about returning to class/lessons.

For our own safety, and that of our dancers, we will not be dancing with any pupils until such time that it is safe to do so, and request that dancers only dance with their regular partner.

The return to Dance policy will be regularly reviewed and adapted in conjunction with Government Guidelines.

Thank you for your patience and co-operation, and we very much look forward to welcoming you safely back to class.

Paula & David

By attending class, you are confirming that you have read and understood the return to dance policy, and will comply with the guidance given, for the safety of yourself, other dancers, and teachers. Covid 19 is excluded from all dance insurance policies, therefore in attending class, pupils are doing so entirely at their own risk, and The Paula Boscott School of Dance cannot be held liable.

